### **CFT BRISTOL CHURCH**

# "BOOK BY BOOK" BIBLE STUDY NOTES

By Deaconess Remi Hayble



### Am I content? (Philippians 4v10-13)

## Philippians 4v10-13 (NIV)

<sup>10</sup> I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. <sup>11</sup> I am not saying this because I am in need, for I have learned to be content whatever the circumstances. <sup>12</sup> I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup> I can do all this through him who gives me strength.

#### Notes:

- [1] We should rely on God for everything we need in life.
  - Acts 17:28
  - Psalm 20:7
  - Matthew 4:4
- [2] Contentment is crucial to be victorious over circumstances we find ourselves in this life.
  - Matthew 4:1-11
  - Genesis 39:11-12
  - 1 Timothy 6:10
  - Psalm 84:10-12
  - 1 Timothy 6:6-10
- [3] Sometimes our flesh wants the luxuries and pleasures of life but the Holy Spirit gives us the supernatural grace to be content.
  - Philippians 4:13
  - Luke 22:43
  - Acts 17:28
  - 2 Peter 1:3